

young adult



TOPIC

Faith at
home

Dating

Dating is one of the most emotionally charged and spiritually shaping decisions you'll make in young adulthood. It's not a game. It's a pathway that, ideally, moves toward the covenant of marriage. While Scripture doesn't give a step-by-step dating manual, it does give us a clear vision for holiness, wisdom, and Christlike love.

When you're dating, the question isn't just, "Are we having fun?" A better set of questions includes, "Are we becoming more like Jesus because of this relationship?" and "Is this relationship helping us walk in purity, in community, and toward clarity?"

This resource helps frame the dating conversation in discipleship settings, whether you're mentoring a young adult, leading a group, or asking these questions for yourself.

Use these four questions when you're facing a gray area or hard decision:

Four Questions to Ask in Dating

1. Is this relationship helping me pursue Jesus more or less?

Spiritual attraction matters more than surface chemistry. If this relationship is leading you away from time with God, community, or mission, it's not leading you well.

2. Are we walking in purity and honor?

God calls us to treat each other like brothers and sisters in Christ (1 Timothy 5:1–2) until marriage. Are we cultivating self-control, or crossing boundaries that belong to covenant?

3. Is there clarity or confusion about where this is going?

Dating should be marked by intentionality, not aimlessness. Are you having honest conversations about direction, values, and future vision, or are you avoiding them out of fear?

4. Are we inviting godly counsel into our relationship?

Wisdom does not happen in isolation. Who is walking with you, challenging you, encouraging you, and praying for you both? Are you humbly listening to spiritual mentors, or hiding from accountability?

Dating is a time for discerning, not just if the other person is the "right one," but if you are becoming the kind of person who reflects Christ in love, commitment,

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and character. Do not date to escape loneliness. Date to glorify God and prepare your heart for covenant faithfulness.

“Above all else, guard your heart, for everything you do flows from it.” (Proverbs 4:23)

