

young adult



ACTIVITY

Faith at
home

young adult



Starting College

College marks the beginning of a new adventure! It is full of opportunity, responsibility, and identity formation. This is an ideal time to commission young adults to live faithfully, walk wisely, and root their identity in Christ.

Family Activities:

- **Commissioning Prayer Night**

Pray with family, mentors, and leaders.

- **Create a College Survival Kit**

Include devotionals, snacks, supplies, and notes of encouragement.

- **Plan a Pre-Departure Retreat**

Take time away to reflect, pray, and prepare.

- **Set a Family Communication Plan**

Decide on regular calls, texts, or letters.

Family Talking Points:

- **What will it look like to follow Jesus in this next season?**

- **How will you pursue Christian community on campus?**

- **What boundaries do you want to set to protect your faith, relationships, and health?**

- **How can you be a light in your dorm, classroom, or social circle?**

- **What does it look like to seek wisdom when you're on your own?**

Special Gathering:

Send-Off Sunday

Recognize and commission graduating seniors or college-bound students during a worship service with prayer and encouragement.

