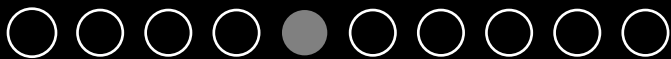


young adult



ACTIVITY

Faith at
home

Getting Married

Marriage is a holy covenant designed by God to reflect Christ's love for the Church. As a young couple begins their life together, this is an opportunity to surround them with prayer, wisdom, and blessing. Properly paying attention to this milestone helps the new couple look past all the business of wedding planning and helps them prepare for a lifelong journey of selfless love, discipleship, and spiritual growth together.

Family Activities:

- **Host a Blessing Night**

Invite close family and mentors to share wisdom, stories, and Scriptures that have shaped their own marriages. End the night with a time of prayer and personal blessings over the couple.

- **Create a Marriage Toolbox**

Fill a basket with devotionals, books (*The Meaning of Marriage* by Tim Keller, *You and Me Forever* by Francis Chan, *Marriage* by Paul David Tripp), Scripture cards, and notes of encouragement to help them start with Christ at the center.

- **Premarital Counseling**

Talk to the officiant about scheduling premarital counseling. In addition to taking assessments that will help the couple navigate and talk about family traditions, values, and lessons learned in marriage, this will be a great time to bolster their relationship as they enter into a new season.

- **Start a Marriage Journal**

Give them a blank journal to write prayers, memories, lessons, and goals for their first year and beyond.

Family Talking Points:

- **What is God's purpose for your marriage?**

Reflect on Ephesians 5:25–33 and discuss how marriage displays the gospel.

- **What does spiritual leadership and mutual submission look like in your relationship?**

- **How will you build habits of prayer, confession, forgiveness, and worship together?**

- **What rhythms will protect your marriage—relationally, emotionally, physically, and spiritually?**

- **How will you stay connected to a local church and spiritual community as a couple?**

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Special Gathering:

Wedding Week Prayer Gathering

Plan a night of worship and intercession in the week leading up to the wedding. Invite spiritual mentors, family, and friends to cover the couple in prayer and speak life-giving words over their future.

