

milestone



TURNING THIRTEEN

Faith at
home

milestone



Celebrating Milestones: Turning Thirteen

Becoming a teen isn't a time to "let go," but to stay connected and guide with love and truth.

Family Activities:

- **Movie marathon of their favorites**
- **Write prayers for the next 5–10 years**
- **Create a life-giving playlist**
- **Collect notes from mentors for their birthday**
- **Bonfire + share your teen stories**
- **Attend a Christian concert**
- **Plant a tree as a symbol of growth**

Family Talking Points:

- **Physical changes and God's design**
- **Growing independence and responsibility**
- **Tech boundaries and social media us**
- **Godly relationships, dating, and purity**
(Song of Solomon 8:4)
- **Marriage as God's end goal for dating**

Special Gathering:

Plan a parent-teen trip—hike, campout, or getaway—to talk openly about pressures (sex, drugs, self-harm) and God's truth for their future.

