

milestone



TURNING THIRTEEN

Faith at
home

milestone



Celebrating Milestones: Turning Thirteen

Becoming a teen isn't a time to "let go," but to stay connected and guide with love and truth.

Family Activities:

- Movie marathon of their favorites
- Write prayers for the next 5–10 years
- Create a life-giving playlist
- Collect notes from mentors for their birthday
- Bonfire + share your teen stories
- Attend a Christian concert
- Plant a tree as a symbol of growth

Family Talking Points:

- Physical changes and God's design
- Growing independence and responsibility
- Tech boundaries and social media use
- Godly relationships, dating, and purity
(Song of Solomon 8:4)
- Marriage as God's end goal for dating

Special Gathering:

Plan a parent-teen trip—hike, campout, or getaway—to talk openly about pressures (sex, drugs, self-harm) and God's truth for their future.

