

milestone



**TURNING
EIGHTEEN**

**Faith at
home**

milestone



Celebrating Milestones: Turning Eighteen

Stepping into adulthood is exciting, nerve-racking, and full of opportunity. Mark this milestone with encouragement and intentional conversations.

Family Activities:

- Plan a coming-of-age ceremony or special trip
- Write and exchange letters to your future selves
- Try “18 days of fun” leading up to their birthday
- Share favorite memories at a family meal
- Visit their future college town and a local church

Family Talking Points:

- Responsibilities and opportunities of adulthood
- Financial planning basics
- Finding a healthy church and godly community
- Health and fitness without parental oversight
- How they want to be treated now as an adult

