

milestone



**STARTING
HIGH SCHOOL**

**Faith at
home**

milestone



Celebrating Milestones: Starting High School

High school brings new pressures, but with prayer and support, your teen can start strong and stay rooted in Christ.

Family Activities & Practices:

- **Pray daily for their protection and faith**
- **Gather notes from leaders and friends**
- **Leave encouragement in their backpack**
- **Create a study space and routine**
- **Do weekly family check-ins**
- **Begin a back-to-school tradition for this new season.**
- **Pray a blessing before the first day.**

Family Talking Points:

- **Set spiritual goals together**
- **Share your high school stories**
- **Remind them you're available and value who they are**
- **Talk through stress, peer pressure, and faith**

Special Gathering:

Mark this milestone with a family dinner, inviting others to pray and encourage them.

