

# high school



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## Teen Slang

Welcome to the world of confusing words and a new age of communication. Below is a link to a comprehensible list of today's most popular slang terms used by teenagers. Some are funny and harmless, while others should be avoided completely. Ephesians 4:29, Paul encourages believers in this way, "No foul language should come from your mouth, but only what is good for building up someone in need, so that it gives grace to those who hear" (CSB). Teenagers today are creative but also strategic in how they communicate, especially around adults. Please use this as a resource to monitor how your teenager communicates and to help you be prepared when you hear words or phrases you don't recognize.

<https://axis.org/resource/a-parent-guide-to-teen-slang/>

### Sample Terms:

- Bed rot = lying in bed for hours, being lazy
- Bet = a response synonymous with "Ok, for sure"
- Bussin = something that is really, really good (usually food)
- Gassing = to hype someone up
- IRL = "In real life"
- Left on read = when you text someone and they read it without responding
- Main character energy = someone who thinks they are the best and most central person in a situation
- Juul/Juuling = Vaping

