

high school



TOPIC

Faith at
home

high school



Technology

https://theheightsbaptist-my.sharepoint.com/:b/g/personal/emeadows_thb_church/EU7E9s1yoOZOmfoN5xX9Hd0B-6btnQP-1lyRajLr8RGrhg?e=19RN8c

96% of U.S. teens say they use the internet every day.

Parents need to understand what their students are using and have access to on their devices. This topic card will help parents understand how to engage in meaningful conversations and set boundaries for their students.

Top apps among high school students:

- **YouTube** – Good – huge resource for learning, tutorials, and entertainment. It can be distracting and make sure to filter content.
- **TikTok** – Caution – very engaging, good for creativity and entertainment. However, algorithms encourage excessive screen time and exposure to inappropriate content. Encourage moderation.
- **Instagram** – Caution – very similar to TikTok.
- **Snapchat** – Caution – popular for casual communication, but there is a high risk for misuse due to disappearing messages.
- Avoid apps that encourage students to share their geographic location or ask for personal information. Apps like Tinder, Bumble, Grindr, Hinge, etc. These apps are designed – or widely used – for casual encounters and have reputations for unsafe interactions for teens.

