

children



ACTIVITY

Faith at
home

children



Thankful Leaves: A Family Table Talk Activity

Supplies (prep ahead):

- construction paper, fall colors (*red, orange, yellow, brown*)
- leaf shapes cut out (*or cut during activity*)
- pens or markers
- a small basket, bowl, or mason jar
- optional: string & tape to make “Gratitude Tree”

Instructions:

1. **Before the Meal:** Give each person a few colorful paper leaves and a marker.
2. **Prompt Them:** Ask everyone, “What is one thing you’re thankful for this year?” Encourage them to write one thankful thought per leaf. Help younger kids write or draw their answers.
3. **Table Sharing Time:** Once everyone has written their leaves, go around the table. Each person reads (or has someone read) one of their leaves aloud. After sharing, they place their leaf into the “Thankful Basket” or clip it onto the Gratitude Tree centerpiece.
4. **Keep Going:** Repeat until everyone’s leaves are shared—or mix it up and let everyone draw someone else’s leaf from the basket and guess who wrote it.

Optional Extension:

- **Memory Add-on:** Parents or grandparents can share a short memory of a time they were especially thankful in their life.
- **Prayer Option:** Close the activity with a simple prayer thanking God for all the things shared.

