

DDAVER

TWENTY - ONE DAYS OF

WINTER



THE HEIGHTS 21 DAYS OF FASTING & PRAYER **2023**

**“FOR THE WORD OF GOD IS ALIVE AND POWERFUL.
IT IS SHARPER THAN THE SHARPEST TWO-EDGED SWORD,
CUTTING BETWEEN SOUL AND SPIRIT, BETWEEN JOINT AND MARROW.
IT EXPOSES OUR INNERMOST THOUGHTS AND DESIRES.
NOTHING IN ALL CREATION IS HIDDEN FROM GOD.
EVERYTHING IS NAKED AND EXPOSED BEFORE HIS EYES,
AND HE IS THE ONE TO WHOM WE ARE ACCOUNTABLE.”**

Hebrews 4:12-13

INTRODUCTION FROM THE PASTOR

Hey Heights Family! I am so excited about what is before you in this prayer guide and this coupled with the start of a new Bible reading plan for the year ahead. With prayer and God's word we have an opportunity to touch the heart, the mind of the Almighty. Your family, friends, co-workers, neighbors, America needs us to do just that. We can have no greater impact than what we do in prayer and in God's word. Would you join me in praying, "Lord, I want my time of prayer alone and with my church, my time in the Bible to define and shape 2023 more than anything else in my life. Show me the power of prayer and Your word. May I by faith engage in prayer and Your word. May I encourage others to do so, and may they encourage me. Show us what happens when we pray and believe. Show us what happens when the living word is alive and active in our lives." Let's take this on like it matters... because it does! May the Lord bless every word out of your mouth in prayer. May He bless every word of His that you read and take into your own heart and mind.

Gratefully,
Pastor Randy Hahn

PREPARATION

Personal Quiet Time:

1. Bible or Bible app
2. Pen or pencil

Family Prayer Time:

Take a minute to think about the technology you can employ to come together and pray during family prayer time. Some of us may have our entire family locally and be able to pray together in one location. Some of us may have family spread all over the country or world. Tech suggestions: Phone, FaceTime, Zoom, Teams, WhatsApp

12 REASONS TO FAST

You may have never considered fasting. It is not easy; it denies the flesh, but God has given us His Spirit to help when we choose to fast according to Isaiah 58. Here are twelve reasons from scripture why you should fast:

1. To receive instruction, wisdom, and direction from God
Exodus 34:28, Mark 4:1-2
2. To plead for God's mercy
2 Samuel 12:16
3. To gain understanding
Daniel 10:1-3, 10-14
4. To seek favor from God and people
Esther 4:15-17
5. For supernatural protection and deliverance
Ezra 8:21-23, 2 Chronicles 20:3
6. For God's direction and insight
Acts 13:1-5, Acts 14:23
7. To confess and repent of sins and to humble yourself
1 Kings 21:27-29, Nehemiah 9:1-3, Daniel 9:3-5, Jonah 3:5-9
8. For God's intervention in situations
Daniel 6:18
9. To abstain from physical and spiritual contamination
Daniel 1:8
10. For a lifestyle of worship
Luke 2:36-37
11. In response to mourning
2 Samuel 1:12, Nehemiah 1:4, Psalm 69:10
12. As a spiritual discipline
Matthew 9:14-15

FASTING TIPS

from David Ilori, Member Care Pastor

People ask what type of fasting I do. My answer to the question is always this; I ask the Holy Spirit what kind of fasting I should be doing. The Holy Spirit knows us, and He knows our schedule and what burdens we carry during our fasting season so that He can help us with that decision. There are different types of fasts that I have in my fasting toolbox. I use the best for me in the season I find myself. The best thing you can do is answer the two questions below to develop a fasting plan:

1. What type of fast will you do?
 - a. dry fasting - no food, no water (*for the purposes of very short-term fasting*)
 - b. wet/liquid fasting - water, broth, tea, or juice
 - c. partial fasting - excluding breakfast, lunch, or dinner
 - d. restricted diet fasting - restricting yourself to certain foods like a Daniel fast
 - e. combination fasting - fasting from food & activities/things (*TV, social media, etc.*)
2. What will be my fasting schedule?
 - a. What day(s) are you going to fast?
 - b. When are you going to start/end your fast? (*ex: 6am-12pm, 6am-3pm, 6am-6pm*)
 - c. How long are you going to fast? (*a day, several days, weeks, months - short/long term*)
 - d. How often are you going to fast?

Ask the Holy Spirit to strengthen you and help you with your fasting plan. If you have never fasted before, please take small steps. If you have medical concerns, speak to your doctor before fasting. Let us start 2023 with a focus on the Word of God through prayer and fasting.

MY FASTING PLAN

Type of fasting: _____

Fasting schedule: _____



THANKSGIVING & PRAISE

To Be Said Daily

Heavenly Father,

Thank you for:

1. Connecting me to The Heights and the body of believers there.
2. Calling us to a season of prayer and fasting.
3. The mission and vision of The Heights and how it involves me and my family.
4. Using The Heights to help me grow in the knowledge of the Lord Jesus Christ.
5. Making me fearfully and wonderfully in Your image.
6. Ruling and reigning in the Kingdom and affairs of men.
7. The Holy Spirit who leads me into all truth.
8. The unity and peace we enjoy at The Heights.
9. The people You are raising up to be a part of the five hundred to share the gospel.
10. The thirty locations You are establishing to impact our communities with the gospel.
11. The talents, gifts, and calling God has placed in me and place to develop and use them.
12. The power of the gospel that continues to change me.
13. The whole armor of God provided for me to stand against the devil's schemes.
14. The weapons of our warfare, which are not carnal, they are mighty through God.
15. The great and wonderful plans You have for me and my family this year.
16. The victory I have in the name and the blood of Jesus.
17. Every good work that Your Spirit is working in me.
18. Your grace and love that leads me to repentance.
19. Your Word that accomplishes its purpose in my life.
20. Blessing me with family and friends.
21. The gathering of the saints so that we can encourage and edify one another.

Write your own thanks and praises below:



CONFESSION

To Be Said Daily

The Bible is the infallible word of God.

1. All scripture is breathed out by God. It is profitable for teaching, reproofing, correcting, and training me in righteousness so I can be complete and equipped for every good work.
2 Timothy 3:16
2. It is the truth that sanctifies me.
John 17:17
3. It is active and alive, quick and powerful. It is the sharpest two-edged sword I must use to defend and protect.
Hebrews 4:12
4. It is a lamp unto my feet and a light unto my path. It illuminates the darkness and keeps me from stumbling.
Psalms 119:105
5. It is the cleansing agent that presents the church as holy before God.
Ephesians 5:26
6. Hiding God's word in my heart keeps me from sinning against Him.
Psalms 116:11
7. God's instructions are perfect; they revive my soul and are trustworthy for making me wise.
Psalms 19:7
8. God's commands are clear and proper; they give me insight into living and bring joy to my soul.
Psalms 19:8
9. God's commands are more desirable than the riches of this world and sweeter than honey to my soul.
Psalms 19:10
10. God's commands warn and reward me when I obey.
Psalms 19:11
11. I know that Your word will not return to You empty. It will accomplish what You desire.
Isaiah 55:11
12. I will continue to study this instruction book. I will meditate on it day and night and obey everything written in it so I can succeed in everything I do.
Joshua 1:8

BIBLE READING PLAN
JANUARY MEMORY VERSE

**“And she will have a son,
and you are to name him**

JESUS,

**for he will save his people
from their sins.”**

Matthew 1:21

DAY 1:

JANUARY 9

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 6:1-31

SCRIPTURE FOCUS: Matthew 6:1-16; Proverbs 20:27

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

WHAT IS MY MOTIVE FOR DOING THE THINGS I DO?

1. Father, help me see the reason for giving, serving, posting on social media, or doing good deeds. Help me see the motivation of my heart.
2. Let my giving/serving/sharing be to glorify Your name, not to receive applause from people.
3. Help me seek the Father's reward by doing what You have called me to do. Please help me

to do them quietly and with joy and praise to You.

4. Father, let my private times with You change me from the inside out.
5. Holy Spirit, let the answers to my prayers be to demonstrate God's love and mercy, not to show off.
6. Lord, help me secure the time and unique place to meet daily.
7. Father, I pray that my daily time with You becomes a positive habit for the rest of my life.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for Our Missions Partner: Bulawayo Baptist Church, Zimbabwe

1. Pray that Bulawayo Baptist Church will significantly impact in the communities it serves.
2. Pray for the salvation of the people in the communities Bulawayo Baptist serves.
3. Pray for wisdom, knowledge, and understanding for those who lead this ministry.
4. Pray for resources to be released for Bulawayo Baptist to fulfill its mission.
5. Pray for open doors for the gospel to be shared in every community Bulawayo Baptist Church serves.
6. Pray for the spiritual, emotional, and physical health of those serving in/with this ministry.
7. Pray for the safety and needs of those who serve in/with this ministry.

DAY 2:

JANUARY 10

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 7:1-28

SCRIPTURE FOCUS: Matthew 7:7-12

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

DO NOT QUIT ASKING

1. Father, thank you for reminding me that you answer prayers.
2. Please help me continue to ask, seek, and knock for the impossible:
 - a. The salvation of a friend and family member. (Names: _____)
 - b. Healing for the sick.

c. Restoration of relationships.

d. _____

e. _____

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for Our Missions Partner: Chesterfield/Colonial Heights Alliance for Social Ministry (CCHASM)

1. Pray that CCHASM will significantly impact in the communities it serves.
2. Pray for the salvation of the people in the communities CCHASM serves.
3. Pray for wisdom, knowledge, and understanding for those who lead this ministry.
4. Pray for resources to be released for CCHASM to fulfill its mission.
5. Pray for open doors for the gospel to be shared in every community CCHASM serves.
6. Pray for the spiritual, emotional, and physical health of those serving in/with this ministry.
7. Pray for the safety and needs of those who serve in/with this ministry.

DAY 3:

JANUARY 11

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 8:1-33

SCRIPTURE FOCUS: Matthew 8:7-13; Psalm 147:2; Exodus 15:26; James 5:16

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

JESUS STILL HEALS

1. Thank You, Lord Jesus, for coming to save, heal, and deliver us. "Jesus Christ is the same yesterday, today, and forever." (Hebrews 13:8)
2. Thank You, Lord, because You are willing and able to heal my brokenness.
3. Thank You for sending Your word to heal me. (Psalm 107:20)

4. Father, help me have faith like the Roman officer. He believed that Your word was enough to heal his servant.
5. Thank You for Your word, it will accomplish its purpose in my life.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for Our Missions Partner: Chosen Children Ministries, Nicaragua

1. Pray that Chosen Children Ministries will significantly impact the communities it serves.
2. Pray for the salvation of the people in the communities Chosen Children serves.
3. Pray for wisdom, knowledge, and understanding for those who lead this ministry.
4. Pray for resources to be released for Chosen Children Ministries to fulfill its mission.
5. Pray for open doors for the gospel to be shared in every community Chosen Children serves.
6. Pray for the spiritual, emotional, and physical health of those serving in/with this ministry.
7. Pray for the safety and needs of those who serve in/with this ministry.

DAY 4:

JANUARY 12

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 9:1-38

SCRIPTURE FOCUS: Matthew 9:35-38

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

LABORERS FOR THE HARVEST

1. Lord, I thank You because You are the Lord of the harvest, and the harvest is plentiful.
2. Father, send the laborers into the harvest for lost souls.
3. Give me compassion for those around me. Help me care enough to pray for them and share Your love with them.

4. Lord, the harvest is all around me; help me become an active laborer for the harvest of lost souls.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for Our Missions Partner: Colonial Heights Food Pantry (CHFP)

1. Pray that the Colonial Heights Food Pantry will significantly impact the communities it serves.
2. Pray for the salvation of the people in the communities CHFP serves.
3. Pray for wisdom, knowledge, and understanding for those who lead this ministry.
4. Pray for resources to be released for CHFP to fulfill its mission.
5. Pray for open doors for the gospel to be shared in every community CHFP serves.
6. Pray for the spiritual, emotional, and physical health of those serving in/with this ministry.
7. Pray for the safety and needs of those who serve in/with this ministry.

DAY 5:

JANUARY 13

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 10:1-40

SCRIPTURE FOCUS: Matthew 10:1-10

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

CALLED & SENT

1. Father, thank You for calling, equipping, and sending me just like the twelve disciples.
2. Father, thank You for sending me out to my community. Help me find ways to connect with my neighbors.
3. Father, thank You for the power and authority given to me in the name of Jesus to minister

to those around me who are hurting.

4. Help me announce that the kingdom of heaven is present right now through serving others and showing Your love.
5. Father, I ask that the power of the Holy Spirit flow in me to pray for the sick and those oppressed by the devil.
6. Father, help me acknowledge with my words, attitude, actions, and life that I am a disciple of Jesus Christ.
7. Father, as Jesus freely gave; help me willingly give to those who need Your love and touch.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for the missionaries and mission teams traveling this year.

1. Pray for God's grace and peace on them and their family members.
2. Pray for their spiritual, emotional, and physical health.
3. Pray for God's protection over them as they travel.
4. Pray for open doors to connect and to share the gospel effectively.
5. Pray for God's provision and the release of resources so that they are successful in their mission.
6. Pray for divine appointments and opportunities to strengthen the church family.

DAY 6:
JANUARY 14

- FAMILY PRAYER TIME -

SCRIPTURE: Romans 15:30 - "Dear brothers and sisters, I urge you in the name of our Lord Jesus Christ to join in my struggle by praying to God for me. Do this because of your love for me, given to you by the Holy Spirit."

HELPFUL TECHNOLOGY: Phone, FaceTime, Zoom, Teams, WhatsApp, FreeConferenceCall.com

DIRECTION: Choose a family prayer time depending the location of your family and friends. Take a minute to think about the technology you can employ to come together and pray.

Coordinate with your family/friends to set a good time to pray together. This prayer guide is flexible, so if the weekend is not good and a weekday works better, you can move the day you pray together.

Have something to write down prayer requests in order to continue praying for them during the week.

Share a scripture passage or verse that spoke to you this week.

HAVE EACH PERSON SHARE:

One or two things for which they are thankful or a praise report.

One or two prayer requests.

DAY 7:
JANUARY 15

- PRAY TOGETHER: FOR OUR COMMUNITY -

SCRIPTURE: Jeremiah 29:7 (NLT) - "And work for the peace and prosperity of the city where I sent you into exile. Pray to the Lord for it, for its welfare will determine your welfare."

HELPFUL TECHNOLOGY: Phone, FaceTime, Zoom, Teams, WhatsApp, FreeConferenceCall.com

DIRECTION: In the "Pray Together" sections, we encourage you to pray with at least one other person. We hope this will allow you to connect with other brothers and sisters as we pray for our community. Reach out to others at your convenience over the weekend or pray together in groups of four or five in your life group.

PRAYER POINTS:

1. Let the light of the gospel of Jesus Christ shine in our community.
2. Father, we pray for new and innovative ways to advance the gospel in our communities.
3. We pray for favor, open doors, and opportunities to advance the gospel.
4. We pray for the destruction of every wicked agenda operating in our community in the name of Jesus.
5. Lord, give our community leaders the grace to lead and serve with excellence.
6. We pray our leaders will operate with godly wisdom, knowledge, and understanding.
7. Lord, give wisdom to our university presidents, school board members, superintendents, principals, and teachers.
8. In Jesus' name we ask that You bind the devil from keeping men and women, boys and girls, young and old, from hearing the gospel.
9. In every neighborhood of our community where agents of darkness have set up shop, shut them down. In Jesus' name, shut down the drug dens, the crack houses, the pill mills, the human trafficking centers, and any other place where wickedness and sin operate.
10. Let the heavens open over our community as You promised in Deuteronomy. Holy Spirit, convict of sin, judgment, and unrighteousness.
11. We pray You change every local ordinance designed to frustrate our ability to proclaim the gospel in our community.
12. We pray against the mobilization of wicked spirits in high places against our community.

13. We pray against the spread of COVID-19 and other diseases and viruses in our community and state.
14. We accept and embrace God's desires, expectations, plans, and agenda for our community.
15. Empower all the churches in our community to reach the lost.
16. We dedicate and claim (insert the name of the city/county you live in) for Jesus Christ.

DAY 8:

JANUARY 16

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 11:1-30

SCRIPTURE FOCUS: Matthew 11:28-30

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

GIVE YOUR BURDENS TO JESUS

1. Father, help me trust Your word to bring my burdens to Jesus.
2. Jesus, I bring my burden of _____.
(sorrow, loss, shame, despair, sin, anger, unforgiveness, addictions, worry, anxiety, fear, hurts, disappointments, failure, loneliness)

3. 1 Peter 5:7 says, "Give all your worries and cares to God, for he cares about you." Help me remember this verse when I try to pick up those burdens again.
4. I cast off burdens weighing down my spirit, soul, and body in the name of Jesus.
5. Lord, help me praise you. Psalm 68:19 says, "Praise the Lord, who carries our burdens day after day; he is the God who saves us." (GNT)
6. Father, thank You for Your promise to care for me and keep me from falling. Psalm 55:22, "Give your burdens to the Lord, and we will take care of you. He will not permit the godly to slip and fall." (NLT)

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for Our Missions Partner: Fellowship of Christian Athletes (FCA)

1. Pray that the FCA will significantly impact the communities it serves.
2. Pray for the salvation of the people in the communities FCA serves.
3. Pray for wisdom, knowledge, and understanding for those who lead this ministry.
4. Pray for resources to be released for FCA to fulfill its mission.
5. Pray for open doors for the gospel to be shared in every community FCA serves.
6. Pray for the spiritual, emotional, and physical health of those serving in/with this ministry.
7. Pray for the safety and needs of those who serve in/with this ministry.

DAY 9:

JANUARY 17

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 12:1-49

SCRIPTURE FOCUS: Matthew 12:25

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

UNITED IN CHRIST

1. Lord, give me an understanding of why You placed me in my family.
2. I pray for unity and peace in my family and home.
3. I pray for a heart that is quick to forgive and extends grace to resolve issues.
4. I pray that we will not be divided but united in the plan and purpose of God.

- 5. I pray that this house is not just filled with stuff but with God’s love, peace, and Word.
- 6. In the name of Jesus, I pray for peace to rule and reign in my home. I pray against strife, unforgiveness, and dysfunctional relationships.
- 7. I pray all avenues for isolation, mistrust, lies, and deception among my family members are pulled down.
- 8. Let me be an instrument of peace and reconciliation in my home and family.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for Our Missions Partner: Gideons International

- 1. Pray that Gideons International will significantly impact the communities it serves.
- 2. Pray for the salvation of the people in the communities Gideons International serves.
- 3. Pray for wisdom, knowledge, and understanding for those who lead this ministry.
- 4. Pray for resources to be released for Gideons International to fulfill its mission.
- 5. Pray for open doors for the gospel to be shared in every community Gideons International serves.
- 6. Pray for the spiritual, emotional, and physical health of those serving in/with this ministry.
- 7. Pray for the safety and needs of those who serve in/with this ministry.

DAY 10:

JANUARY 18

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 13:1-35

SCRIPTURE FOCUS: Matthew 13:18-22

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

GOOD GROUND FOR GOD'S WORD

1. Father, help me guard my heart so that the wicked one cannot snatch Your Word out of my heart.
2. Father, let Your Word take root deep in my heart so that I can endure tribulation or persecution because of Your Word.

3. Father, help me guard my heart so that Your Word is not choked by the cares of the world and the deceitfulness of riches.
4. Father, help me hear and understand Your Word by daily reading, memorizing, and meditating on it.
5. Father, let my fellowship with this body of believers deepen my understanding and encourage obedience to Your work.
6. Father, I pray that my heart is becoming excellent ground by and for Your Word. Holy Spirit, continue to soften my heart. Remove the hardness, thorns, and the ability of the enemy to snatch Your Word from my heart.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for Our Missions Partner: Grace Home Ministries

1. Pray that Grace Home Ministries will significantly impact the communities it serves.
2. Pray for the salvation of the people in the communities Grace Home serves.
3. Pray for wisdom, knowledge, and understanding for those who lead this ministry.
4. Pray for resources to be released for Grace Home Ministries to fulfill its mission.
5. Pray for open doors for the gospel to be shared in every community Grace Home serves.
6. Pray for the spiritual, emotional, and physical health of those serving in/with this ministry.
7. Pray for the safety and needs of those who serve in/with this ministry.

DAY 11:

JANUARY 19

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 14:1-44

SCRIPTURE FOCUS: Matthew 14:13-18

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

YOU FEED THEM

1. Father, give me a heart of compassion like Jesus.
2. Jesus, help me have the heart to serve the people You are drawing to Yourself.
3. Father, let my life, words, and actions attract people to Jesus and not send them away.
4. Father, open my eyes to see the needs around me and the desire to do something about it.

5. Father, multiply the little I have to offer so that needs are met and Your name is glorified.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for Our Missions Partner: Vidrozhenya Church, Ukraine

- 1. Pray that Vidrozhenya Church will significantly impact the communities it serves.
- 2. Pray for the salvation of the people in the communities Vidrozhenya Church serves.
- 3. Pray for wisdom, knowledge, and understanding for those who lead this ministry.
- 4. Pray for resources to be released for Vidrozhenya Church to fulfill its mission.
- 5. Pray for open doors for the gospel to be shared in every community Vidrozhenya Church serves.
- 6. Pray for the spiritual, emotional, and physical health of those serving in/with this ministry.
- 7. Pray for the safety and needs of those who serve in/with this ministry.

DAY 12:

JANUARY 20

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 15:1-44

SCRIPTURE FOCUS: Matthew 15:3-9

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

HONOR GOD'S WORD ABOVE ALL

1. Father, help me honor God's Word above religious, family, and national traditions.
2. Help me see and repent of areas where these traditions are causing disobedience to Your Word.
3. Father, let me not be someone who honors You with my lips while my heart is far from You.

- 4. Lord, in the name of Jesus, break me free from any commandment of men that I take as a doctrine.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for The Heights Staff

- 1. Pray God’s grace and peace on them and their family members.
- 2. Pray for their spiritual, emotional, and physical health.
- 3. Pray for God’s protection on them and their family members.
- 4. Pray for wisdom, knowledge, and understanding to continue to serve this church family.

DAY 13:
JANUARY 21

- FAMILY PRAYER TIME -

SCRIPTURE: Romans 15:30 - "Dear brothers and sisters, I urge you in the name of our Lord Jesus Christ to join in my struggle by praying to God for me. Do this because of your love for me, given to you by the Holy Spirit."

HELPFUL TECHNOLOGY: Phone, FaceTime, Zoom, Teams, WhatsApp, FreeConferenceCall.com

DIRECTION: Choose a family prayer time depending the location of your family and friends. Take a minute to think about the technology you can employ to come together and pray.

Coordinate with your family/friends to set a good time to pray together. This prayer guide is flexible, so if the weekend is not good and a weekday works better, you can move the day you pray together.

Have something to write down prayer requests in order to continue praying for them during the week.

Share a scripture passage or verse that spoke to you this week.

HAVE EACH PERSON SHARE:

One or two things for which they are thankful or a praise report.

One or two prayer requests.

DAY 14:
JANUARY 22

- PRAY TOGETHER: FOR OUR NATION -

SCRIPTURE: 1 Timothy 2:4 - "I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them. Pray this way for kings and all who are in authority so that we can live peaceful and quiet lives marked by godliness and dignity. This is good and pleases God our Savior, who wants everyone to be saved and to understand the truth."

HELPFUL TECHNOLOGY: Phone, FaceTime, Zoom, Teams, WhatsApp, FreeConferenceCall.com

DIRECTION: In the "Pray Together" sections, we encourage you to pray with at least one other person. We hope this will allow you to connect with other brothers and sisters as we pray for our community. Reach out to others at your convenience over the weekend or pray together in groups of four or five in your life group.

PRAYER POINTS:

1. We cry out on behalf of our nation. Lord, show us mercy as we repent and turn from our wicked ways.
2. Give us men and women with integrity who will do what is right according to Your Word.
3. We pray for our nation's leaders and let them operate with Godly wisdom, knowledge, and understanding and to fear the Lord.
4. We bless every office and every man or woman occupying the office. Father, give them the grace to serve the people and do their job well.
5. Father, establish Your will and plan for this nation.
6. Father, according to Psalm 37, You promised that the plans of the wicked would not prosper. In the name of Jesus, let not the evil objectives set for our nation succeed.
7. We pray for peace where there is turmoil, love where there is hate, hope where there is hopelessness, and kindness where there is cruelty in the name of Jesus.
8. We pray the spirit of bloodshed and destruction operating in our nation is arrested in the name of Jesus.
9. We pray in the name of Jesus that the spirit of rioting, fear, and intimidation loosed over this nation is bound and will operate no more.
10. For the innocent blood crying against our nation, we ask for atonement by the blood of Jesus.

11. Let the heavens open over our nation as You promised in Deuteronomy. Pour out Your Holy Spirit to convict of sin, judgment, and unrighteousness.
12. Let every evil agenda, program, and law set in place to fleece us of our liberty, freedom, peace, and resources, be reversed in the name of Jesus.
13. May evil promoted as good, and good promoted as evil in our nation, be reversed and nullified in the name of Jesus.
14. We pray against corruption, lawlessness, immorality, drug addiction, and abuse of authority in every office in this nation.
15. Lord, we pray for the exposure of every agency and every leader abusing power and authority bestowed on them in the name of Jesus.
16. We pray that every national ordinance designed to frustrate our ability to proclaim the gospel in this nation would be removed in the name of Jesus.
17. Father, heal our land of sin, heal our land of disease, heal our land of violence, heal our land of greed, heal our land of racism, heal our land of disunity. Let the church be an instrument of healing in our land in Jesus' name.

DAY 15:

JANUARY 23

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 16:1-24

SCRIPTURE FOCUS: Matthew 16:13-20

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

HELL IS POWERLESS

1. Thank You, Lord, for the promise that the powers of hell cannot prevail against Your Church. We pray in Jesus' name that they won't prevail against The Heights.
2. Lord, protect The Heights from every agenda that Satan brings against Your Church.
3. Let The Heights be aligned with the calendar of heaven. Let us move in unison with God's

timetable.

4. Thank You for giving us the keys to the kingdom of heaven. Let every door that needs to be opened for the advancement of the gospel open in Jesus' name.
5. Father, we ask that every door that needs to be shut for the gospel's advancement be shut now in Jesus' name.
6. Open our eyes to see souls going to hell. Father, help us to do everything we can to lead them off the highway to hell and onto the path of holiness.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for Our Missions Partner: Mercy Mall

1. Pray that Mercy Mall will significantly impact the communities it serves.
2. Pray for the salvation of the people in the communities Mercy Mall serves.
3. Pray for wisdom, knowledge, and understanding for those who lead this ministry.
4. Pray for resources to be released for Mercy Mall to fulfill its mission.
5. Pray for open doors for the gospel to be shared in every community Mercy Mall serves.
6. Pray for the spiritual, emotional, and physical health of those serving in/with this ministry.
7. Pray for the safety and needs of those who serve in/with this ministry.

DAY 16:

JANUARY 24

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 17:1-24

SCRIPTURE FOCUS: Matthew 17:1-8

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

COME DOWN FROM THE MOUNTAIN

1. Father, I pray that I encounter the magnificence of Jesus daily through the reading of the Word and prayer.
2. I pray that my daily encounter with Jesus will move me from the mountaintop.
3. Father, help me not to build a memorial of my experiences with Jesus. Help me build a

memorial of people encountering Jesus.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for Our Missions Partner: Pregnancy Help Center of Chesterfield (PHCC)

1. Pray that PHCC will significantly impact the communities it serves.
2. Pray for the salvation of the people in the communities PHCC serves.
3. Pray for wisdom, knowledge, and understanding for those who lead this ministry.
4. Pray for resources to be released for PHCC to fulfill its mission.
5. Pray for open doors for the gospel to be shared in every community PHCC serves.
6. Pray for the spiritual, emotional, and physical health of those serving in/with this ministry.
7. Pray for the safety and needs of those who serve in/with this ministry.

DAY 17:

JANUARY 25

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 18:1-45

SCRIPTURE FOCUS: Matthew 18:21-35

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

FORGIVE, FORGIVE, FORGIVE

1. Father, bring to my remembrance any unforgiveness in my heart resulting from events, situations, or conversations that have caused me pain and hurt. Help me surrender it to You so I can come to a place of forgiveness.
2. Jesus said in Matthew 6:15, if I do not forgive others their sins, the Father will not forgive me of my sins. Lord, help me forgive those who have sinned against me, just as You have

forgiven me.

3. Father, help those who I have sinned against forgive me so that You can hear their prayer. Let not my sin hinder their prayers or their opportunity to know You.
4. Help me not to repay anyone evil for evil, according to Romans 12:17. Help me be careful to do what is right in Jesus' name.
5. Lord, help me take the steps in Matthew 18:15 with anyone with whom I have issues. Help me gain a brother/sister rather than an enemy.
6. Let Your Word brightly illuminate the road of life that I am walking. Let it expose the dangers of life, the pitfalls, and the slippery path, especially in unforgiveness.
7. Father, help me to put away all bitterness, wrath, anger, clamor, slander, and malice according to Ephesians 4:31. Father, help me be kind, tenderhearted, and forgiving according to Ephesians 4:32.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for Our Missions Partner: ReGenesis

1. Pray that ReGenesis will significantly impact the communities it serves.
2. Pray for the salvation of the people in the communities ReGenesis serves.
3. Pray for wisdom, knowledge, and understanding for those who lead this ministry.
4. Pray for resources to be released for ReGenesis to fulfill its mission.
5. Pray for open doors for the gospel to be shared in every community ReGenesis serves.
6. Pray for the spiritual, emotional, and physical health of those serving in/with this ministry.
7. Pray for the safety and needs of those who serve in/with this ministry.

DAY 18:

JANUARY 26

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 19:1-30

SCRIPTURE FOCUS: Matthew 19:3-8

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

NO HARD HEART ALLOWED

1. Father, I thank You because You instituted marriage, made families, and established relationships.
2. I pray that my heart is fully committed to every relationship I have. Fully committed to my spouse, children, extended family, friends, and church family.

3. I pray against divorce for my marriage and others I know who are married. I pray for healthy marriages and homes.
4. In Jesus' name, I pray that every hard heart will be softened so the enemy will not have his way in marriages and families.
5. I pray for myself or anyone in a difficult marriage or relationship. Father, show me/them Your mercy. Help me/them find You in this trouble.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for Our Missions Partner: Torch of Hope, Haiti

1. Pray that Torch of Hope will significantly impact the communities it serves.
2. Pray for the salvation of the people in the communities Torch of Hope serves.
3. Pray for wisdom, knowledge, and understanding for those who lead this ministry.
4. Pray for resources to be released for Torch of Hope to fulfill its mission.
5. Pray for open doors for the gospel to be shared in every community Torch of Hope serves.
6. Pray for the spiritual, emotional, and physical health of those serving in/with this ministry.
7. Pray for the safety and needs of those who serve in/with this ministry.

DAY 19:

JANUARY 27

PRAISE & WORSHIP: Take some time to sing praises to the Lord. He longs to hear your voice.

THANKSGIVING & PRAISE/DAILY CONFESSION: See pages 5 & 6.

BIBLE READING PLAN: Matthew 20:1-33

SCRIPTURE FOCUS: Matthew 20:24-28; Philippians 2:4

SCRIPTURE ENGAGING QUESTIONS:

What does this passage teach about God?

What does this passage teach about me?

What do I need to do to apply it to my life?

MORNING PRAYER POINTS:

TO LEAD IS TO SERVE

1. Father, help me follow Jesus' example of serving others.
2. Let selfishness and self-interest in my relationships be replaced with a heart to serve others.
3. Lord, let the level of love and concern You showed me by dying on the cross be the level of

love and concern I show others in the name of Jesus.

4. Father, help me look out for the interests of others, especially in advancing the gospel and God's plan for their lives.

REFLECTION AND MORE PRAYERS:

EVENING PRAYER POINTS:

Pray for those who will visit The Heights this year.

1. Pray for God's grace and peace on them and their family.
2. Pray that they feel the love and presence of God.
3. Pray that whatever brings them to The Heights will lead them to the next steps in following Jesus.
4. Pray that they will feel at home and welcomed at The Heights.
5. Pray that they will connect with other brothers and sisters.

DAY 20:

JANUARY 28

- FAMILY PRAYER TIME -

SCRIPTURE: Romans 15:30 - "Dear brothers and sisters, I urge you in the name of our Lord Jesus Christ to join in my struggle by praying to God for me. Do this because of your love for me, given to you by the Holy Spirit."

HELPFUL TECHNOLOGY: Phone, FaceTime, Zoom, Teams, WhatsApp, FreeConferenceCall.com

DIRECTION: Choose a family prayer time depending the location of your family and friends. Take a minute to think about the technology you can employ to come together and pray.

Coordinate with your family/friends to set a good time to pray together. This prayer guide is flexible, so if the weekend is not good and a weekday works better, you can move the day you pray together.

Have something to write down prayer requests in order to continue praying for them during the week.

Share a scripture passage or verse that spoke to you this week.

HAVE EACH PERSON SHARE:

One or two things for which they are thankful or a praise report.

One or two prayer requests.

DAY 21:
JANUARY 29

- PRAY TOGETHER: FOR THE CHURCH -

SCRIPTURE: 2 Chronicles 7:14 - "If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land."

HELPFUL TECHNOLOGY: Phone, FaceTime, Zoom, Teams, WhatsApp, FreeConferenceCall.com

DIRECTION: In the "Pray Together" sections, we encourage you to pray with at least one other person. We hope this will allow you to connect with other brothers and sisters as we pray for our community. Reach out to others at your convenience over the weekend or pray together in groups of four or five in your life group.

PRAYER POINTS:

1. Lord, we pray that the body of Christ is attentive to the Holy Spirit.
2. We pray that a spirit of repentance will fall on Your Church.
3. We pray for a greater release of holiness, righteousness, peace, and unity at The Heights.
4. Holy Spirit, give us energy and a passion for the gospel of Jesus Christ.
5. Give us a spirit of gladness and thanksgiving.
6. We come against every spirit opposing Your Church, giving it a bad name in the community.
7. We come against confusion and division in the body of Christ. Let unity and oneness prevail for the sake of the gospel.
8. Let Your Church move from eloquent words to the demonstration of the power of the Holy Spirit.
9. Deliver Your Church from prayerlessness. Empower us to pray like never before.
10. We come against the spirit of deception, error, and heresy in the Church. Let the Bible be the guideline that we live by, not what is politically correct.
11. Let the heavens open over our church as you promised in Deuteronomy. Let Your kingdom come and let Your will be done in the name of Jesus.
12. Lord, let revival start in me. Allow it to begin in this family called The Heights. Let revival sweep our communities, state, and nation.
13. Father, give us favor and open doors with our local agency leaders. Grant us favor with the

police, fire department, school board, and county officials in Jesus' name.

14. We pray that every wicked agenda to silence Your Church will be exposed and destroyed in the name of Jesus.

15. Father, we pray to release souls from every nationality into our church.

16. Let The Heights be a place of restoration and healing for our community in the name of Jesus.

REFLECTION AND MORE PRAYERS:

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

ARE YOU READY FOR HIS RETURN?

We live in a broken world, surrounded by broken lives, broken relationships, and broken systems. This brokenness is seen in suffering, violence, poverty, pain, and death around us.

Brokenness leads us to search for a way to make life work.

In contrast to this brokenness, we also see beauty, purpose, and evidence of design around us. The Bible tells us that God originally planned a world that worked perfectly - where everything and every one fit together in harmony.

God made each of us with a purpose - to worship Him and walk with Him.

Life doesn't work when we ignore God and His original design for our lives. We selfishly insist on doing things our own way. The Bible calls this sin. We all sin and distort the original design.

The consequence of our sin is separation from God - in this life and for all eternity.

Sin leads to a place of brokenness. We see this all around us and in our own lives as well.

We realize life is not working, we begin to look for a way out. We tend to go in many directions trying different things to figure it out on our own.

Brokenness leads to a place of realizing a need for something greater.

At this point we need a remedy - some good news. Because of His love, God did not leave us in our brokenness. Jesus, God in human flesh, came to us and lived perfectly according to God's design.

Jesus came to rescue us - to do for us what we could not do for ourselves. He took our sin and shame to the cross, paying the penalty of our sin by his death.

Jesus was then raised from the dead - to provide the only way for us to be rescued and restored to a relationship with God.

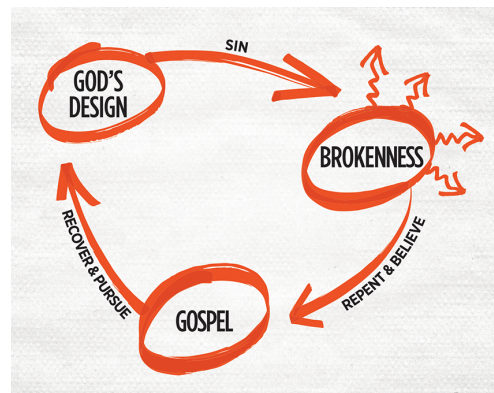
Simply hearing this Good News is not enough.

We must admit our sinful brokenness and stop trusting in ourselves. We don't have the power to escape this brokenness on our own. We need to be rescued.

We must ask God to forgive us - turning from sin to trust only in Jesus. This is what it means to repent and believe.

Believing, we receive new life through Jesus and God turns our lives in a new direction.

When God restores our relationship to Him, we begin to discover meaning and purpose in a broken world. Now we can pursue God's Design in all areas of our lives.



Scan the appropriate QR code or visit
lifeonmissionbook.com/conversation-guide for
access to a digital or printed conversation guide:



Apple



Android

A photograph of a church interior. In the foreground, a woman with long brown hair, wearing a mustard-colored sweater, is looking down at a small object in her hands. Behind her, a woman in a light-colored jacket is smiling. To the right, the back of a man's head and shoulders are visible. The background shows a church sanctuary with a balcony and several windows. The text "January 9-29, 2023" is overlaid in white, bold font.

January 9-29, 2023

The Heights Baptist Church
thb.church